

# Shrewsbury High School

Date: October 3-7

<b>MONDAY</b> Station: 1-2 Station: 3-4 Station: 6-7 Station: 8-9 Grab and Go:	Papa Gino Pizza w/ Crinkle Cut Fries and Orange Wedges "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Taco Salad Bar Chicken Caesar Salad Plate/Assorted Sandwich w/ Fruit
<b>TUESDAY</b> Station:1-2 Station: 3-4 Station:6-7 Station: 8-9 Grab and Go	Chicken Patty served w/Lettuce, Tomato , Cheese and Baked Chips Pasta Bar w/Meat , Marinara or Alfredo Sauce served w/ Garlic Knot Made to order Deli Made to Order Taco Salad Bar Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
<b>WEDNESDAY</b> Station:1-2 Station: 3-4-5 Station: 6-7 Station:8-9 Grab and Go	Buffalo Chicken Sandwich served w/ Fries & Celery Sticks & Blue Cheese Monti's Pizza served w/ Crinkle Cut Fries & Pears Made to Order Deli Made to Order Taco Salad Bar Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit
<b>THURSDAY</b> Station:1-2 Station:3-4-5 Station: 6-7 Station:8-9 Grab and Go	Dominos Pizza served w/ Fries & Apples Burger Bar w/ Lettuce ,Tomato, & Cheese served w/ Fries Assorted Deli Sandwiches served w/ Chips and Pickles & Fruit Made to Order Taco Salad Bar Chicken Caesar Salad Plates / Assorted Sandwiches w/Fruit
<b>FRIDAY</b> Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Professional Development No School
Reduced Lunch\$.40 Lunch \$3.75	<b>MEALS INCLUDE: Assorted Milks, FRUIT, and VEGETABLEBAR, Juices , Vegetables, Grains and Proteins</b> <b>ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE</b> <b>Check our Soup Du Jour Selections</b> <b>SOUP AND SALAD COMBO \$3.75</b>
USDA is an equal opportunity provider and employer.	<b>High School menu posted at <a href="https://schools.shrewsbury.ma.gov/foodsvc">schools.shrewsbury.ma.gov/foodsvc</a></b> <b>Email Comments and Suggestions to:</b> <b><a href="mailto:mricker@shrewsbury.k12.ma.us">mricker@shrewsbury.k12.ma.us</a></b> <b><u>Please call the Cafeteria Manager at your school if you have questions about food ingredients, allergens or gluten free choices</u></b>